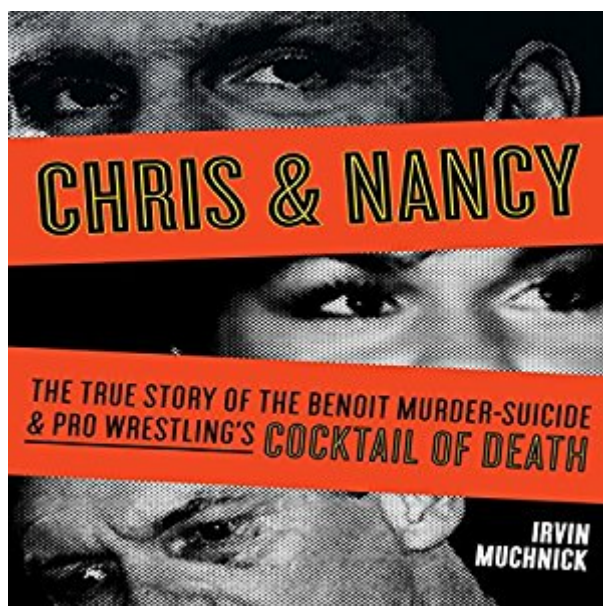


The book was found

Chris & Nancy: The True Story Of The Benoit Murder-Suicide And Pro Wrestling's Cocktail Of Death



Synopsis

Exploring the steroid-fueled world of professional wrestling, this riveting chronicle lays bare the devastating events that led to the 2007 murder-suicide of Chris Benoit, his wife Nancy, and their seven-year-old son, Daniel. Benoit's performance-enhancing drug addiction - massive amounts of doctor-prescribed human growth hormone were found in Benoit's home - and subsequent suicide proved to be the tipping point for the professional wrestling world, resulting in unprecedented scrutiny of the sport's subpar health and safety standards. Using public records, dozen of interviews with those inside and outside of wrestling, and investigative results, this authoritative analysis provides an uncompromising look at the price athletes pay in this rough-and-tumble world.

Book Information

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Customer Reviews

Tons of great information and evidence put in too short of a book. The pace is frenetic and disjointed but provides for an exciting read. The important consideration here is that it is written by an insider who has access to sources many others cannot provide. As such the book reinforces the dark side of pro wrestling and the mental anguish that goes along with it.

What was wanted in a book concerned with this disturbing subject matter was more than just a detailed account of what in the world happened to professional wrestler Chris Benoit and his family, but also that the generally unasked questions about the murders be at least raised for public consideration: for example, did WWE wrestling executives know more about the murders than they initially let on? And if so, why would they hide it? And, is the death cocktail Benoit drank still in the

hands of today's top performers (just as it remained in Benoit's grip even after the steroids-related death of his best friend, Eddie Guerrero)? Chris & Nancy satisfactorily explores these issues as well as other previously undiscussed holes in the story, along the way painting a mostly unbiased portrait of a seemingly normal man who ends his outwardly successful life by committing the worst act of criminality imaginable. Now, by refusing to name steroids and head trauma related injuries as the conjoined "cause" of the murders, the author succeeds in alienating himself from his subject's father and other surviving family members, but thereby approaches more nearly the truth of the matter (and so adheres ever more closely to the journalistic ethic). But neither does he take the opposition's viewpoint that Benoit was an abusive husband and father who simply went too far and "snapped" one night. For the most part, he simply presents the evidence and allows the reader to judge for him or herself, which is the proper approach. The more bizarre aspects of the case, meanwhile, are all enumerated and investigated with due diligence, so that the old myths are properly exploded in their time. The only fault I can find with this book is that the personal sides of these people do not seem to have been explored with the same thoroughness with which the crime scene was, particularly in Nancy's case. However, the story isn't really about who they were, but how they ended, and so perhaps that is just as well. My overall opinion is that you will find this work a fascinating (though profoundly disturbing) investigative piece that plumbs not only the dark depths of the nightmarish events surrounding that lost weekend, but also perhaps delves into the hidden well lurking in the heart of human nature in general ...

It was very alarming and it opened my eyes to what was really happening in their marriage and what led to the tragedy.

I found the book well-written and researched. The whole truth behind this tragedy will never be known but some questions have been answered here.

I found this book to be the most comprehensive source of information on the Benoit tragedy. Although the book does begin to lose steam in the end chapters it was an excellent read and gives a very chilling look into the darkest moment in pro wrestling history.

this book gives the fan a true insight as to what really happened and shows how corporations, etc, try to pass the buck so as to shift blame to someone else.

what a tragedy of a story this is interesting read

Nothing new here, just a rehash of things from newspapers and tv. In fact I think Nancy grace was more informative

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